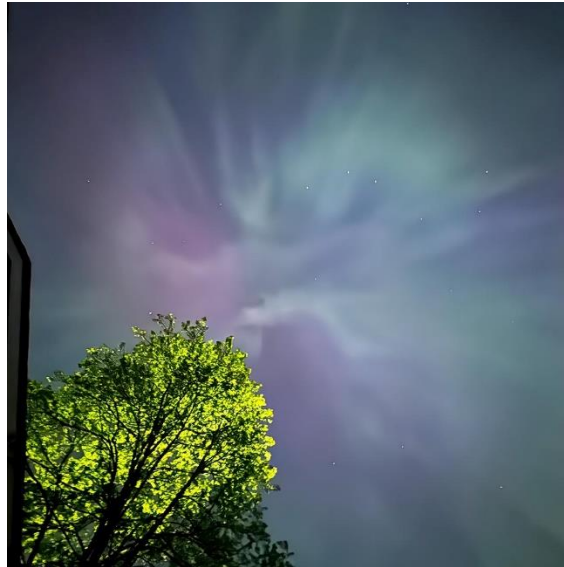


Spring News From Life Career Studio

Monday, May 13, 2024

Did you see the magical light show in the sky this weekend? Paul and I were up late on Friday night and looked up to see some of the [Northern Lights above our home](#). He took this photo with his phone.



I am barely squeezing in my second newsletter of 2024 into this season. I have had to practice patience and self-kindness letting go of my self-imposed deadline to write my monthly newsletter. I made some concession and [wrote a long-overdue blog post as it was over a year since my last one!](#) I invite you to read my blog for more info if you are curious about what I have been up to for the past 3 months.

I am excited about changes to my [ENTRADA membership](#) based on feedback from my members. The most notable changes are lowering the cost of investment and not recording the monthly Mastermind Zoom meetings. I heard from members attending that it would be more valuable to speak freely without recording. I was happy to make that change to offer more value and support to my committed ENTRADA members. You can still sign up for this week on Wednesday, May 15 if you would like to enrol to join us.

The other notable change is that I am shifting my monthly Masterclass to a more interactive workshop format and extending the time to 2 hours in a similar format to my [Day 21 Wellbeing Series I did in 2021](#). This is included as a member benefit for VIP and annual subscribers, and the 2-hour online workshop will be hosted on Zoom and be more interactive. I will be offering these workshops every two months and there will be an Early-Bird savings of over \$70 for monthly members or for non-members you can sign up for \$21.00 + GST by this Thursday, May 23. Watch your inbox tomorrow for more details. The theme will be "Trust as a Superpower" as I will be continuing with my [ABC's to Work Your Dream](#). Next month I will add an online Accountability Group 6-month Pilot program too for members and non-members! Maybe it sounds like I am making up for lost time, but I did have these plans for 2024 in the works already.



Most of us would agree that job hunting is at minimum tedious and for some extremely overwhelming. I often share with clients the concept of [“Ghost Jobs”](#). If you are not sure of the concept, it is an unfair practice that adds to the misery of job hunting. These are primarily posts for expired or fictional roles but can also be scams taking advantage of vulnerable job seekers. I came across this article recently in [The Hustle one of my sources of business and tech news and I am dropping my referral link if you would like to sign up for free \(and I get kewl swag\)](#).

[Here is their 12-minute podcast for that topic if you prefer to listen than read](#). Start around 3 minutes to skip the news highlights if you feel short on time. I will share more on this on this topic in my workshop next week as it is a huge breach of trust that not many people talk about. Kudos to Ontario here in Canada for taking measures to challenge this practice. My hope is British Columbia, other provinces, and other countries will follow suit soon too!

At the start of May, Paul and I went to our first [Creative Mornings event in Vancouver](#) for 2024 to an inspiring presentation by [Dominic Prevost](#). He shared his creative journey and wonderful insights on the theme of being VIBRANT. I highly recommend finding your local chapter for creative ideas and to connect with a great artistic community from all walks of life and industries. Speaking of creativity, Paul has another showing of [Fusion Perspectives](#) his amazing art collaboration with our wonderful friend and artist, Victoria Mitchell. It will be open Saturday, June 1 and Sunday, June 2 at [Edge Fine Art Studio in East Vancouver](#). Shameless plug I know!

Paul and I celebrated our wedding anniversary this month – another milestone. After a lot of travelling for me especially this year so far, we are going to be doing a staycation this summer and may do something in the Fall. My hope is that I will be back on track and into a rhythm again by June and sharing more news and insights with you next month.

Be Unapologetic In Your Life And Career:

WORK YOUR DREAM!

A handwritten signature in blue ink that reads "Rachel". The signature is fluid and cursive, with a long horizontal line extending to the right.

If you think of someone you know who would find value from this newsletter you are welcome to forward this to them too.

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